Physical problems or side effects that patients with mental illness suffer from

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Appetite decreased; may develop eating disorder. Poor nutrition and lack of physical strength may lead to prolonged physical illnesses.

> Appetite increased; may eat too much.

Too thin

Weight gain

Smoking

While bad effects of smoking are generally known, there is a causal relationship between smoking and mental illnesses.

Feel thirsty; increased drinking of carbonated beverages and juice.

> May develop diabetes due to a side effect as well as dietary change.

Dry mouth

Diabetes

Listlessness and sleepiness

Malaise affects on daily lives and physical activities.

Skin

Due to blood or hygienic problems, develop rash and other complications.

Constipation and anomalies of urinary sensation are frequent. Some people experience alternating constipation and diarrhea. Constipation, diarrhea dysuria

Hypo-

Akathisia

Male sexual dysfunction and female menstrual disorder are difficult to consult with doctors and hardly resolved.

Develop hypotension due to polypharmacy and high-dose; may cause dizziness and light-headedness.

Hypotension

Foot Care

pain

Many patients with mental illnesses suffer from this unresolved side effect.

Due to physical health problems and lack of hygienic care, orthopedic, dermatological, plastic surgical, diabetic, or vascular surgical problems are often appeared in feet and/or legs. "Standing" and "walking" problems.

Physical

One of the causes of pain is a posture change due to excessive tension because patients tend to be in unbalanced posture.